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The Spot Sign Score in Primary Intracerebral Hemorrhage Identifies Patients at Highest Risk of In-Hospital Mortality and Poor Outcome Among Survivors

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Background and Purpose—The spot sign score is a potent predictor of hematoma expansion in patients with primary intracerebral hemorrhage (ICH). We aim to determine the accuracy of this scoring system for the prediction of in-hospital mortality and poor outcome among survivors in patients with primary ICH.

Methods—Three neuroradiologists retrospectively reviewed CT angiograms (CTAs) performed in 573 consecutive patients who presented to our Emergency Department with primary ICH over a 9-year period to determine the presence and scoring of spot signs according to strict criteria. Baseline ICH and intraventricular hemorrhage volumes were independently determined by computer-assisted volumetric analysis. Medical records were independently reviewed for baseline clinical characteristics and modified Rankin Scale (mRS) at hospital discharge and 3-month follow-up. Poor outcome among survivors was defined as a mRS ≥ 4 at 3-month follow-up.

Results—We identified spot signs in 133 of 573 CTAs (23.2%), 11 of which were delayed spot signs (8.3%). The presence of any spot sign increased the risk of in-hospital mortality (55.6%, OR 4.0, 95% CI 2.6 to 5.9, $P < 0.0001$) and poor outcome among survivors at 3-month follow-up (50.8%, OR 2.5, 95% CI 1.4 to 4.3, $P < 0.0014$). The spot sign score successfully predicted an escalating risk of both outcome measures. In multivariate analysis, the spot sign score was an independent predictor of in-hospital mortality (OR 1.5, 95% CI 1.2 to 1.9, $P < 0.0002$) and poor outcome among survivors at 3-month follow-up (OR 1.6, 95% CI 1.1 to 2.1, $P < 0.0065$).

Conclusion—The spot sign score is an independent predictor of in-hospital mortality and poor outcome among survivors in primary ICH. (*Stroke*. 2010;41:54-60.)

Key Words: CTA spot sign ■ intracerebral hemorrhage ■ emergency medicine ■ outcome

Nontraumatic intracerebral hemorrhage (ICH) accounts for 10% to 15% of cases of acute stroke in the United States¹ and has a worse prognosis than ischemic stroke, with up to 50% 30-day mortality.² The presence of active contrast extravasation into the hematoma at the time of multi-detector CT angiography (MDCTA), the spot sign, is an indicator of active hemorrhage and has been associated with an increased risk of hematoma expansion and mortality in patients with ICH in prior studies.³⁻¹⁰ Moreover, systematic characterization of the spot sign according to strict radiological criteria has made possible the development of a spot sign scoring system that identifies those ICH patients who are at highest risk of hematoma expansion.⁹ Hematoma expansion, in turn, has been shown to be an independent predictor of increased mortality and poor outcome in ICH.¹¹ Identification of an

accurate and reliable predictor of hematoma expansion, mortality and poor outcome in patients with ICH is important,¹²⁻¹⁴ as it may serve to select patients for early hemostatic therapies such as recombinant activated factor VII or intensive blood pressure reduction.^{11,15-18}

This study aims to assess whether the spot sign score can be used to identify primary ICH patients who are at highest risk of in-hospital mortality and poor outcome among survivors at 3-month follow-up.

Methods

Patient Selection

Our study was approved by the hospital's institutional review board. We conducted a retrospective review of all consecutive patients who presented to our Emergency Department from January 1, 2000 until

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Table 1. Spot Sign Criteria

≥1 focus of contrast pooling within the ICH
Attenuation ≥120 Hounsfield units
Discontinuous from normal or abnormal vasculature adjacent to the ICH
Any size and morphology

ICH indicates intracerebral hemorrhage.

December 31, 2008, with (1) evidence of nontraumatic ICH on a noncontrast CT examination (NCCT) of the head and (2) evaluation with a CT angiogram (CTA) of the intracranial circulation within 24 hours of presentation. Patient exclusion criteria were the presence of (1) associated subarachnoid hemorrhage (SAH) in the basal cisterns or a vascular lesion as the ICH etiology identified in the CTA, (2) loss of gray-white matter differentiation in a vascular territory suggesting a preestablished acute ischemic stroke, or (3) enrollment in a clinical trial of recombinant factor VIIa. A separate analysis of a subgroup of these patients with a different outcome measure has been previously published.⁹

Image Acquisition

NCCT and MDCTA acquisitions were performed according to standard departmental protocols on 16- or 64-section General Electric helical CT scanners (General Electric Medical Systems). NCCT examinations were performed using axial technique with 120 to 140kVp, 170mA, and 5-mm slice thickness reconstruction. MDCTA was subsequently performed by scanning from the base of the C1 vertebral body to the vertex using axial technique, 0.5pitch, 1.25 mm collimation, 350 maximal mA, 120kVp, 22 cm field of view, and 65 to 85 mL of iodinated contrast material administered by power injector at 4 to 5 mL per second into an antecubital vein with either a fixed 25-second delay between the onset of contrast injection and the start of scanning, or Smart-Prep, an semiautomatic contrast bolus triggering technique. The decision to perform MDCTA and obtain delayed CTA acquisitions was at the discretion of the clinical providers. In general, delayed CTA images were acquired to (1) exclude dural venous sinus thrombosis as the ICH etiology, (2) assess for the presence of delayed spot signs, or (3) aid in the differentiation between spots signs and aneurysms or arteriovenous malformations in challenging cases.

Image Analysis

The NCCT examinations were reviewed by 3 experienced neuroradiologists to determine the ICH location (lobar, deep gray matter, or infratentorial), presence of associated intraventricular hemorrhage (IVH), and presence of calcifications within or adjacent to the ICH. Subsequently, the 1.25-mm axial CTA source images were independently reviewed in "Spot Windows" (width 200, level 110) by the same 3 neuroradiologists to determine the presence and scoring of spot signs according to previously-described strict radiological criteria (Table 1) and scoring system (Table 2).⁹

If a delayed CTA acquisition was obtained, it was reviewed by the same 3 neuroradiologists, blinded to the first-pass CTA, to determine the presence and scoring of spot signs according to the same criteria. The spot sign score obtained in the first CTA acquisition in which a spot sign was identified was utilized for the purpose of this study. Differences in reader interpretation for the presence and/or scoring of spot signs were adjudicated by consensus.

Determination of the initial ICH and IVH volumes was performed independently and blinded to the CTA categorization, with the Analyze 9.0 software (Mayo Clinic) by thresholding with manual hematoma outline adjustment in the baseline NCCT examinations.

Medical Record Review

Medical records were independently reviewed for time of ictus, patient age, gender, admission mean arterial blood pressure (MABP), International Normalized Ratio (INR), Glasgow Coma Scale (GCS) and blood glucose level, history of hypertension, antiplatelet therapy, surgical intervention, length of hospital stay and modified Rankin

Table 2. Calculation of the Spot Sign Score

Spot Sign Characteristic*	Points
No. of spot signs	
1–2	1
≥3	2
Maximum axial dimension	
1–4 mm	0
≥5mm	1
Maximum attenuation	
120–179 HU	0
≥180 HU	1

*The spot sign characterization is performed in the first CTA acquisition in which a spot sign is identified. For CTAs with more than 1 spot sign, the maximum dimension in a single axial CTA source image and maximum attenuation of the largest spot sign is determined. The spot sign score is obtained by adding the total No. of points for the CTA. HU indicates Hounsfield unit; CTA, CT angiogram.

Scale (mRS) at hospital discharge and 3-month follow-up. A known time of ictus was only recorded if it was witnessed or self-reported by the patient within a 15-minute margin of error as documented in the Neurology Emergency Department consultation note.

Three-month follow-up was available in 477 patients (83.2%). In the remaining 96 patients (16.8%), we carried forward the last clinical observation, mRS at hospital discharge, for the purpose of this study. Poor outcome among survivors at 3-month follow-up was defined as (1) the inability to walk or attend to own bodily needs without assistance (mRS 4), (2) being bedridden, incontinent, and requiring constant nursing care and attention (mRS 5), or (3) death after hospital discharge (mRS 6).

Statistical Analysis

Statistical analysis was performed using the SAS 9.1 software package (SAS Institute Inc). We constructed a multivariate logistic regression model to determine the correlation of the NCCT and clinical variables with the presence of a spot sign, in-hospital mortality, and poor outcome among survivors at 3-month follow-up. Subsequently, the multivariate logistic regression analysis was repeated for the prediction of in-hospital mortality and poor outcome among survivors at 3-month follow-up including as an additional variable first (1) the presence of any spot sign, and then (2) the spot sign score. We used receiver operating characteristic analysis to determine the area under the curve for the spot sign score in the prediction of in-hospital mortality and poor outcome among survivors at 3-month follow-up. Interobserver agreement for the identification and scoring of spot signs was determined with the kappa statistic. A probability value ≤0.05 was considered statistically significant.

Results

From January 1, 2000 until December 31, 2008, a total of 818 patients presented to our Emergency Department with non-traumatic ICH on a NCCT examination and were evaluated with MDCTA of the intracranial circulation within 24 hours of admission. Two hundred forty-five patients were excluded from the study (30.0%): 152 because of the presence of associated SAH within the basal cisterns or a vascular lesion as the ICH etiology, 75 because of incomplete admission or discharge clinical data, 15 because of loss of gray-white matter differentiation in a vascular territory, 2 because of enrollment in a clinical trial of recombinant factor VIIa, and 1 because of administration of gadolinium contrast material for the CTA.

Table 3. Clinical and NCCT Predictors of a Spot Sign, In-Hospital Mortality, and Poor Outcome Among Survivors in Primary ICH

	Spot Sign Frequency n (%)	<i>P</i>	In-Hospital Mortality n (%)	<i>P</i>	Poor Outcome* n (%)	<i>P</i>
All patients, n=573	133 (23)	n/a	180 (31)	n/a	129 (23)	n/a
Gender		0.19		0.86		0.023
Males, n=312	79 (25)		97 (31)		60 (28)	
Females, n=261	54 (21)		83 (32)		69 (39)	
Age, y		0.03		<0.001†		<0.0001†
8–45, n=55	5 (9)		8 (15)		5 (11)	
46–70, n=248	59 (24)		59 (24)		47 (25)	
71–94, n=270	69 (26)		113 (42)		77 (49)	
Time from ictus to CTA, h		<0.0001†		<0.0001		0.66
≤3, n=71	47 (66)		30 (42)		15 (37)	
>3–≤6, n=110	27 (25)		52 (47)		20 (34)	
>6, n=133	18 (14)		23 (17)		31 (28)	
Unknown, n=259	41 (16)		75 (29)		63 (34)	
Admission MABP, mm Hg		<0.0001†		0.76		0.009†
≤100, n=234	33 (14)		70 (30)		45 (27)	
101–120, n=193	42 (22)		61 (32)		40 (30)	
>120, n=146	58 (40)		49 (34)		44 (45)	
Admission INR		<0.0001†		0.1		0.10
<1.5, n=475	94 (20)		142 (30)		108 (32)	
1.5–2.5, n=59	14 (24)		20 (34)		10 (26)	
>2.5, n=39	25 (64)		18 (46)		11 (52)	
Admission GCS		<0.0001		<0.0001†		0.0001†
≤8, n=177	58 (33)		115 (65)		32 (52)	
9–12, n=83	27 (33)		36 (43)		22 (47)	
≥13, n=313	48 (15)		29 (9)		75 (26)	
Blood glucose ≥170 mg/dL		0.007		<0.0001		0.013
Yes, n=147	46 (31)		74 (50)		96 (30)	
No, n=426	87 (20)		106 (25)		33 (45)	
History of hypertension		0.012		0.16		0.11
Yes, n=361	96 (27)		121 (34)		86 (36)	
No, n=212	37 (17)		59 (28)		43 (28)	
Antiplatelet therapy		0.013		0.031		0.12
Yes, n=178	53 (30)		67 (38)		43 (39)	
No, n=395	80 (20)		113 (29)		86 (30)	
IC and antiplatelet therapy		0.0003		0.14		0.58
Yes, n=27	14 (52)		12 (44)		5 (33)	
No, n=546	119 (22)		168 (31)		124 (33)	
ICH site		0.8		0.37		0.44
Lobar, n=325	74 (23)		95 (29)		71 (31)	
Deep gray, n=186	46 (25)		62 (33)		42 (34)	
Infra, n=62	13 (21)		23 (37)		16 (41)	
Initial ICH volume, mL		<0.0001†		<0.0001†		0.001†
0.2–29.9, n=345	51 (15)		53 (15)		84 (29)	
30–59.9, n=106	26 (25)		37 (35)		21 (30)	
≥60, n=122	56 (46)		90 (74)		24 (75)	
Initial IVH volume, mL		<0.0001†		<0.0001†		0.001†
0, n=306	46 (16)		48 (16)		68 (26)	
0.1–4.9, n=136	34 (25)		44 (32)		38 (41)	

(Continued)

Table 3. Continued

	Spot Sign Frequency n (%)	<i>P</i>	In-Hospital Mortality n (%)	<i>P</i>	Poor Outcome* n (%)	<i>P</i>
5–14.9, n=63	21 (33)		35 (56)		15 (54)	
≥15, n=68	32 (47)		53 (78)		8 (53)	
Surgical evacuation		0.14		0.25		0.006
Yes, n=81	24 (30)		21 (26)		29 (48)	
No, n=492	109 (22)		159 (32)		100 (30)	

The numbers in the table represent No. of patients, and the numbers in parenthesis represent percentages. *Defined as a modified Rankin Scale of ≥ 4 at 3-month follow-up among the 393 survivors. †Independent predictor in multivariate logistic regression analysis (P value ≤ 0.05). The multivariate logistic regression analyses for in-hospital mortality and poor outcome among survivors at 3-month follow-up exclude the presence of a spot sign. NCCT indicates non-contrast CT; *P*, *P* value using Pearson χ^2 test; n, No. of patients; n/a, not applicable; h, hours; CTA, CT angiogram; MABP, mean arterial blood pressure; INR, international normalized ratio; IC, impaired coagulation (defined as INR ≥ 1.5); ICH, intracerebral hemorrhage; Infra, infratentorial; IVH, intraventricular hemorrhage.

A total of 573 patients met our study's inclusion criteria, with a mean age of 66.7 years (median 69 years, range 8 to 94 years). Median time from Emergency Department admission to MDCTA evaluation was 1.33 hours (mean 2.5 hours, range 0.25 to 24 hours), and median length of hospital stay was 6 days (mean 9.5 days, range 1 to 88 days). A total of 314 patients had a known time of ictus (54.8%, median time of ictus 7.25 hours prior to MDCTA evaluation, mean 7.4 hours, range 0.5 to 80 hours). Median initial ICH volume was 21.5 mL (mean 33.8 mL, range 0.2 to 169 mL), and median initial IVH volume was 4.9 mL (mean 14.9 mL, range 0.1 to 365 mL). Delayed CTA images were acquired in 116 patients (20.2%, median delay time 116 seconds after the first-pass CTA, mean 173 seconds, range 17 to 689 seconds).

A total of 180 patients expired during the hospitalization (31.4%). Among the 393 survivors, 129 had poor outcome at 3-month follow-up (32.8%), including 2 patients who expired after hospital discharge.

Predictors of a Spot Sign and Clinical Outcome in Primary ICH

Table 3 provides a summary of the predictors of a spot sign, in-hospital mortality, and poor outcome among survivors in primary ICH. We identified at least 1 spot sign in 122 of the 573 first-pass CTAs (21.3%) and in 45 of the 116 delayed CTA acquisitions (38.8%). In 34 cases spot signs were present in both the first-pass and delayed CTA acquisitions, in 11 cases spot signs were present in the delayed CTA acquisition only, and in 1 case a spot sign was present in the first-pass CTA but not in the delayed acquisition. Overall, we identified at least 1 spot sign in 133 CTAs (23.2%). The mean number of spot signs per hematoma was 3 (median 2, range 1 to 30), the mean maximum spot sign axial size was 4.9 mm (median 4 mm, range 1 to 16 mm), and the mean maximum spot sign attenuation was 214 Hounsfield units (HU, median 198 HU, range 120 to 456 HU). The mean spot sign score for patients with spot signs was 2.3 (median 2, range 1 to 4). Interobserver agreement for both the identification and scoring of spot signs was almost perfect, with kappa statistics ranging from 0.86 to 0.92 between the 3 readers (95% confidence interval [CI] 0.82 to 0.96).

There was a significantly higher frequency of spot signs in the 116 delayed CTA acquisitions (38.8%) compared to the 573 first-pass CTAs (21.3%, $P < 0.0001$, Pearson χ^2 test).

Indeed, 11 spot signs were seen in the delayed CTA acquisition only (8.3%). Nonetheless, these delayed spot signs were equally predictive of in-hospital mortality (positive predictive value [PPV] 63.6%) and poor outcome among survivors at 3-month follow-up (PPV 50%).

In the 92 patients with spot signs and a known time of ictus, there was a significant difference between the median spot sign score for patients imaged ≤ 3 hours from ictus (median score 3, mean score 2.7, range 1 to 4), >3 to ≤ 6 hours from ictus (median score 2, mean 2.1, range 1 to 4), and >6 hours from ictus (median 1, mean score 1.4, range 1 to 2, $P < 0.0001$, Kruskal–Wallis test). The median score for the 41 patients with spot signs and an unknown time of ictus was 2 (mean 2.4, range 1 to 4).

The highest spot sign scores in our population were observed in patients with initial ICH volumes of 30 to 59.9 mL (mean score 2.8, median 3, range 1 to 4), MDCTA evaluation within 3 hours of ictus (mean score 2.7, median 3, range 1 to 4), admission GCS 9 to 12 (mean score 2.7, median 3, range 1 to 4), admission MABP > 120 mm Hg (mean score 2.6, median 3, range 1 to 4), and deep gray matter ICH (mean score 2.6, median 3, range 1 to 4). Patients with spot sign scores of 1 to 4 are illustrated in Supplemental Figure I, available online at <http://stroke.ahajournals.org>.

Accuracy of the Spot Sign and Spot Sign Score for the Prediction of Clinical Outcome in Primary ICH

The presence of any spot sign at MDCTA markedly increased the risk of in-hospital mortality (PPV 55.6%, odds ratio [OR] 4.0 [95% CI 2.6 to 5.9], $P < 0.0001$) and poor outcome among survivors at 3-month follow-up (PPV 50.8%, OR 2.5 [95% CI 1.4 to 4.3], $p = 0.0014$, Table 4).

Overall, there was no significant difference in length of hospital stay for patients with spot signs (median 6 days, mean 9.4 days, range 1 to 51 days) compared to those without spot signs (median 6 days, mean 9.6 days, range 1 to 88 days, $P = 0.3$, Mann–Whitney test). However, among the 393 survivors, patients with spot signs had a significantly longer hospital stay (median 11 days, mean 15.2 days, range 2 to 51 days) compared to those without spot signs (median 6 days, mean 10.1 day, range 1 to 70 days, $P < 0.0001$, Mann–Whitney test). Likewise, among the 180 patients who expired

Table 4. Accuracy of the Spot Sign for the Prediction of In-Hospital Mortality and Poor Outcome Among Survivors in Primary ICH

Accuracy Parameter	In-Hospital Mortality (95% CI)	Poor Outcome* (95% CI)
Sensitivity	41 (34–49)	23 (17–32)
Specificity	85 (81–88)	89 (85–92)
PPV	56 (47–64)	51 (38–64)
NPV	76 (72–80)	70 (65–75)
Positive LR	2.7 (2.0–3.7)	2.2 (1.4–3.4)
Negative LR	0.69 (0.61–0.78)	0.86 (0.78–0.95)
Accuracy	71	67
Prevalence	31	33

For sensitivity, specificity, PPV, NPV, accuracy, and prevalence, the numbers in the table represent percentages. The numbers in parenthesis represent the 95% CI. *Defined as a modified Rankin Scale of ≥ 4 at 3-month follow-up among the 393 survivors. ICH indicates intracerebral hemorrhage; CI, confidence interval; PPV, positive predictive value; NPV, negative predictive value; LR, likelihood ratio.

during the hospitalization, patients with spot signs had a significantly shorter hospital stay (median 3 days, mean 4.9 days, range 1 to 24 days) compared to those without spot signs (median 4 days, mean 8 days, range 1 to 88 days, $P < 0.033$, Mann–Whitney test).

The spot sign score successfully predicted longer hospital stays among survivors and overall increasing 3-month mRS (Figure), as well as an increasing risk in-hospital mortality and poor outcome among survivors at 3-month follow-up (Table 5).

Effect of the Spot Sign and Spot Sign Score on the Statistical Model for the Prediction of Clinical Outcome in Primary ICH

When a patient's spot sign status was entered into the multivariate logistic regression model either as a binary variable or as the spot sign score (in addition to the variables provided in Table 2), both the presence of any spot sign (OR 2.5, 95% CI 1.3 to 4.7, $P < 0.0052$) and the spot sign score

(OR 1.5, 95% CI 1.2 to 1.9, $P < 0.0002$) were independent predictors of in-hospital mortality (in addition to patient age, admission GCS, and initial ICH and IVH volumes). Similarly, both the presence of any spot sign (OR 2.4, 95% CI 1.1 to 4.9, $P < 0.02$) and the spot sign score (OR 1.6, 95% CI 1.1 to 2.1, $P < 0.0065$) were independent predictors of poor outcome among survivors at 3-month follow-up (in addition to patient age, admission GCS and MABP, as well as initial ICH and IVH volumes).

Discussion

In this study, we demonstrated that (1) strict radiological criteria for the identification and scoring of the MDCTA spot sign can be applied reliably in patients with primary ICH, and (2) the spot sign has good accuracy for the prediction of in-hospital mortality (71%) and poor outcome among survivors at 3-month follow-up (67%) in this patient population. For the prediction of in-hospital mortality, our accuracy results are similar to those reported by Becker et al (74%)³ and Kim et al (73%),⁵ and higher than reported by Wada et al (64%)⁴ as well as the previously reported subset of our patient population that used a less strict spot sign definition (56%).⁶

Spot sign criteria similar to ours have been proposed by Thompson et al¹⁰ with the salient differences being that (1) we use an absolute attenuation cut-off for the definition of a spot sign (≥ 120 HU), compared to a relative attenuation cut-off of at least twice the mean background hematoma attenuation; and (2) we do not impose a minimum size cut-off for a spot sign, compared to a minimum axial size of >1.5 mm. We find that determining absolute spot sign attenuation is more practical and less prone to operator error than determining relative attenuation as it relies on a single attenuation measurement rather than two. Furthermore, in our patient cohort, we identified 38 spot signs in the 120 to 150 HU attenuation range (28.6%) and 7 spot signs measuring 1 mm in maximum axial dimension (5.3%), which may have been excluded using Thompson et al's criteria. Adhering to a uniform set of strict radiological criteria while evaluating CTAs for the presence and scoring of spot signs is important, as this determination will be the cornerstone of future clinical

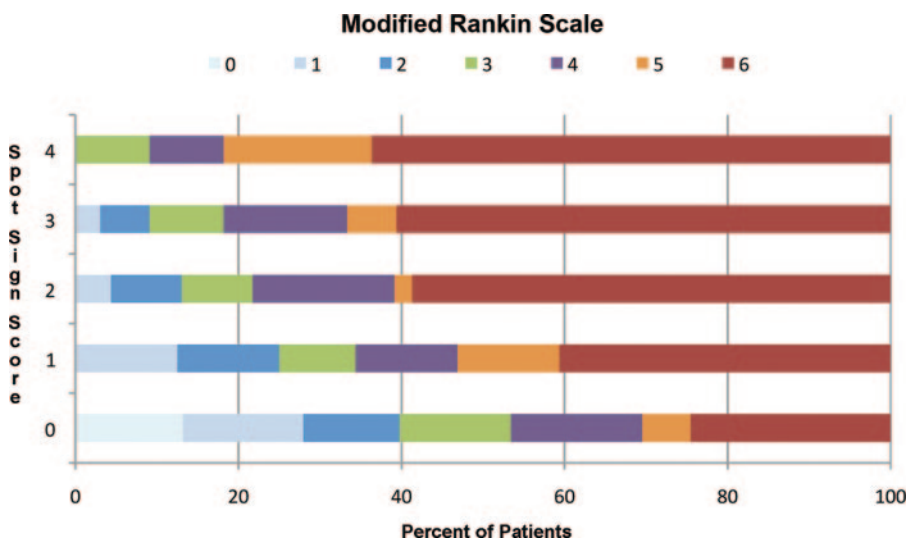


Figure. Modified Rankin Scale at 3-month follow-up by spot sign score.

Table 5. Predictive Value of the Spot Sign Score for Length of Hospital Stay, 3-Month Modified Rankin Scale, In-Hospital Mortality, and Poor Outcome Among Survivors in Primary ICH

Spot Sign Score*	Mean/Median LOS, days†	Mean mRS in All Patients‡	Mean mRS in Survivors‡	In-Hospital Mortality, %	Poor Outcome,§ %
0					
n=440 ns=334	10.1/6	3.2	2.3	24	29
1					
n=32 ns=19	10.4/8	4.2	3.0	41	42
2					
n=46 ns=19	15.3/13	4.8	3.1	59	47
3					
n=33 ns=13	19.1/19	5.0	3.4	61	54
4					
n=22 ns=8	19.8/17	5.4	4.3	64	75
AUC (95% CI)	n/a	n/a	n/a	0.64 (0.60–0.68)	0.56 (0.51–0.61)
P value	n/a	n/a	n/a	<0.0001	0.04

*A score of 0 indicates that no spot sign is identified in the CT angiogram. †Length of hospital stay among the 393 survivors. ‡Modified Rankin Scale at 3-month follow-up. §Defined as a modified Rankin Scale of ≥4 at 3-month follow-up among the 393 survivors. ICH indicates intracerebral hemorrhage; LOS, length of hospital stay; mRS, modified Rankin Scale; n, No. of patients within spot sign score group in the entire cohort; ns, No. of patients within spot sign score group among survivors; AUC, area under the curve after receiver operating characteristic analysis; CI, confidence interval; n/a, not applicable.

trials that will rely on the MDCTA “spot sign status” for the selection of patients to receive early hemostatic therapy or surgery.

Although delayed images were not routinely acquired at our institution at the time of this study, we found that the frequency of spot signs in the delayed CTA acquisitions was significantly higher than in the first-pass CTAs, which is similar to the results reported by Ederies et al.⁸ This is a rather important finding because acquiring delayed images through the ICH approximately 2 to 3 minutes after contrast injection, either routinely or if a spot sign is not identified in the first-pass CTA, is likely to identify additional delayed spot signs that would increase this finding’s sensitivity for the prediction of hematoma expansion, in-hospital mortality and poor outcome among survivors.

Importantly, patient populations with the highest mean spot sign scores—those with medium initial ICH volumes, moderate depression of consciousness at admission, high admission MABP, deep gray matter ICH, and short time interval from ictus to MDCTA evaluation—may benefit the most from early hemostatic therapies such as recombinant activated factor VII or intensive blood pressure reduction. Future studies are needed to examine these treatment possibilities and determine which populations would derive the most benefit.

This study’s limitations are its retrospective design, as well as the lack of delayed CTA acquisitions and 3-month follow-up in all patients. The lack of delayed CTA acquisitions in all patients has likely led to an underestimation of (1)

the frequency of spot signs in our study group, as well as (2) the spot sign’s sensitivity for the prediction in-hospital mortality and poor outcome among survivors at 3-month follow-up. The lack of 3-month follow-up in all patients may have led to an overestimation of the spot sign’s predictive value for poor outcome among survivors, as some patients may have regained some neurological function during rehabilitation following hospital discharge.

Conclusion

The spot sign score is a reliable independent predictor of mortality and poor outcome among survivors in primary ICH.

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